



# REVIEW



May 27, 2022

Hello Rouge Park Families,

Next week we will enter our final month of school before summer break. We are excited to celebrate more in-person events including our outdoor concert on June 9th and our grade 8 graduation on June 28th. Next week 3 of our classes will participate in the first field trips since early 2020 which is exciting too! Next week is bike to school week. We are encouraging all of our students to ride their bikes (please wear a helmet), scooter or walk to school.

We are so grateful for the community in which we live. Over the last few months we have had many families reach out to donate pizza, spirit wear, and money towards graduation which has had an incredible impact on students in our school. Next week, one of our grade 5 students is starting a fundraiser for families joining our community from the Ukraine. Please see the information below to learn more about how you can contribute to this worthy cause.

Next Thursday, June 2nd is a PA day as many schools will be used as polling stations. Friday will be a regular school day.

If you have questions, comments or concerns, please reach out by email or by phone.

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Leeann Morrow

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## What's Happening Next Week:

Date	What's Happening
Monday, May 30 Day 5	Ms. Lazarevski's class to Vivian Outdoor Education Center Primary choir at lunch
Tuesday, May 31 Day 1	Ms. Baynes and Ms. Uppal's classes to Vivian Outdoor Education Center Open gym for junior and intermediate students 7:55-8:10 a.m. Gr. 1-4 recorder club - lunch Eco club meeting for class reps - lunch Open gym for intermediates - 2:40-3:30 Discover Kindergarten Q and A session for new 2022/23 families - 6:00 pm
Wednesday, June 1 Day 2	Open gym for junior and intermediate students 7:55-8:10 a.m. Snack Shack at first recess

	Gr. 5-8 pop band - lunch
Thursday, June 2	PA Day - no school Election Day - Rouge Park is a polling station
Friday, June 3 Day 3	Open gym for junior and intermediate students 7:55-8:10 a.m. Gr. 7,8 band - lunch Pizza Day Open gym for intermediates - 2:40-3:30

### **Loonies and Gift Cards for the Ukraine**

One of our grade 5 students has initiated a fundraiser called, "Loonie for Ukraine". On Monday, he will begin making announcements asking anyone who is willing and able to bring in a loonie to donate to the Canadian Red Cross. Nicholas's goal is to collect \$500 loonies. As a school, we would also like to support 14 Ukrainian families who have recently arrived to our Cornell community. They have arrived with very little and would benefit from our support. If you are able to donate a gift card to Walmart, Shoppers Drug Mart, Uber, or any other local grocery store, we will ensure they will be used to support these families (more information is available on the Cornell Community Facebook page). Thank you to Nicholas for raising awareness and making a difference!

### **Grade 3 and 6 Testing - EQAO**

We have scheduled EQAO testing for this year. The test will be completed by all face to face grade 3 and 6 students. **Due to issues with the EQAO online system, our Grade 6 students will now be writing the week of June 6th.** Grade 3 students will write on June 14th, 15th and 16th.

### **Spring Concert - Please see the flier at the end of this newsletter**

Our spring concert will take place on **Thursday, June 9th (rain date will be Wednesday, June 15th)**. All of our music groups have been practicing daily to prepare for this event. The concert will feature:

Primary Choir

Gr 4-8 Junior/Intermediate Choir

Recorder Group (Gr 1-4)

Junior Band (Gr 5-6)

Intermediate Band (Gr 7-8)

Pop Group ( Primary/Junior/Intermediate)

\*There will also be soloists in between

## **Snack Shack**

The Snack Shack is open every Wednesday and features individually wrapped cookies, icecream, and popcorn. The grade 8's are selling at first recess to raise money for their graduation. Each item is \$2 and we ask students to bring exact change. There is a limit of 2 items per student each week.

## **2022-2023 School Year Calendar**

Please see the proposed [2022-23 School Year Calendar](#)

## **Loaner Technology**

If you have a Rouge Park chromebook at home, it must be returned to our school prior to the end of June. Even if your child will be learning in the Virtual School in September, you must return the technology to Rouge Park in June.

## **Are You Moving?**

We are in the process of setting up for the September start of the 2022-2023 school year. If you know your child/children will be attending another school in September please email or call the school office to let us know.

## **Kindergarten Registration:**

Kindergarten Registration for the 2022/23 school year is now on. If you have a child who will turn 4 years old before the end of 2022, they are eligible to begin school in September. There are several ways you can register for kindergarten on or after January 14, 2022:

- Online - Families can access the [Online Kindergarten Registration Information](#) . It is recommended that families use a laptop or a desktop, rather than a mobile device to complete this registration.
- By email - Families can download the [Elementary School Registration Form](#) and email the completed form to their school email address.
- By phone - Families can request support from the school Principal/Vice-Principal to complete the registration form on their behalf by collecting the required information by phone.
- By mail or appointment. You can mail completed applications to the school, or request an appointment (once schools have reopened) to drop-off your completed paper application form.
- If you have already registered, you will be hearing from us shortly about bringing in your documents to complete the process.



**Bike  
Month  
2022**

## Bike to School Week is May 30-June 3

### Let's get cycling!

Celebrate active modes of transportation like cycling and wheeling along with other students and staff across Ontario during **Bike to School Week - May 30-June 3, 2022**. **Bike to School Week** is a free and fun week-long celebration for kids of all ages and abilities.



When cycling, remember to:

- Wear a properly fitting helmet. Every cyclist under 18 must wear a bike helmet.
- **Air Brakes Chain** – Check your bike tires, brakes and chain before you start riding.
- Ensure your bike has a working bell, white light or reflector at the front, and a red light or reflector at the back. For information and to learn more visit the [Government of Ontario's bicycle safety information](#).
- Cross at crosswalks, if there is one. Walk beside your bike when crossing the road.
- Watch for cars backing out of driveways and turning at intersections.
- Lock your bike in bike racks.
- Be visible and dress for the weather.

For anyone who can't walk or cycle to school every day, we encourage you to try choosing an active mode of travel two or three times a week, or consider parking and walking a block to decrease the pollution around your school.

### Benefits of Biking to School

- Promotes physical and mental health
- Students arrive energized and ready to learn
- Improved safety in school zones
- Good for the environment
- Convenient, bicycling is often faster than sitting in traffic
- Good for the community, encourages social interaction
- Promotes life-long habits that foster independence and active lifestyles, preparing children for their future
- **Just plain old simple fun!**

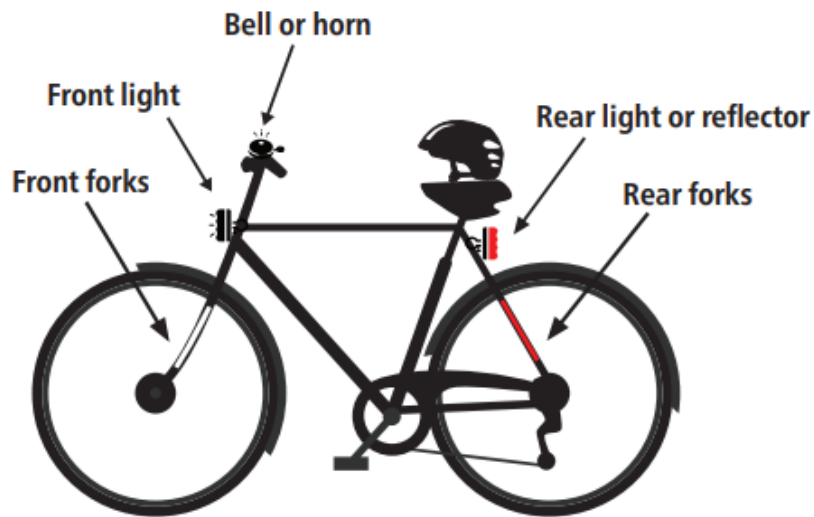
## Cycling Safety Factsheet

### Be Seen - Be Heard - Be Safe

#### Did you know?

Ontario law requires that you equip your bike with:

- ✓ White reflective tape on the front forks and red reflective tape on the rear forks
- ✓ A white front light and a red rear light or reflector if you ride between 1/2 hour before sunset and 1/2 hour after sunrise
- ✓ A bell or horn that works



**Every cyclist under 18 years of age must wear an approved bicycle helmet**

Graphic and more information can be found at [York Region Cycling education webpage](#).



## YORK REGIONAL POLICE

# COMMUNITY SAFETY VILLAGE CAMPS 2022



### ***Camp Objective***

- The goal of the camp is to provide a fun environment where students can learn how healthy lifestyle choices can impact them today and in the future. The camp includes interactive workshops and games, sports activities facilitated by police officers, tri-services representatives, CSV educators and camp leaders. The Summer Camp is hosted at the Community Safety Village of York Region located at:
  - 3291 Stouffville Road, in the Bruce's Mill Conservation Area

### ***Camp Descriptions***

#### **Tri – Service Camps (Currently in Grade 3 or Grade 4- camp week of July 4th)** **\*\* (Currently in Grade 6, 7 or Grade 8 – camp week of July 25th)**

- Various tri-services programs and interactive safety activities will be run during this time. These programs are overseen by York Regional Police Officers, Youth in Policing students as well as CSV Educators and summer students. The program will be both inside and outdoors in our outdoor Pavilion. Campers will learn about the tri-service Police, Fire and Paramedic and their role in the community as well learning through interactive games new skills. Activities include:
  - Junior Detective Investigative Hunt
  - Bicycle Safety
  - Internet Safety
  - Healthy Lifestyle Habits
  - Emergency Preparedness and others – TBD.

#### **Super Hero United/Unity (Currently in Grade 5 or Grade 6) Week of July 11**

- Campers will be introduced to the York Regional Police Super Hero – Unity and Unity. They will get to visit their Headquarters and learn what traits we all possess to be our own super hero. This camp is very hands on and campers will be involved in the design of their own super hero. This program is overseen by York Regional Police Officers, Youth in Policing students as well as CSV Educators and Summer Students.

#### **Like Me First Camp (Currently in Grade 6 or Grade 7) Week of July 18**

- This camp is for youth to continue to build self-esteem, self-awareness and self-confidence. The “Like Me First” program will speak to how young people view and treat themselves. The purpose is to help our youth become resilient and make positive choices, while also developing self-esteem and positive friendships. The topics that we will be addressing include: building self-esteem, mindfulness, meditation, coping techniques, developing positive self-worth through self-care, and self-image (discussing the positive and negative impacts of social media). Ultimately, our hope is that this program will help to develop self-love and a lifelong impact for our youth.

**Teen Police Academy (Currently in High School) Week of August 8**

- This program is 5 days of learning and experiences to assist students in focusing on their education and career goals, enhance leadership skills and enable students to get to know themselves – strengths as well as areas to work on. Meet other like-minded students with similar goals while interacting and working with Officers and Civilians receiving positive mentoring.

**Leo McArthur Leadership Academy (Currently in High School) Week of August 15**

- As with Teen Police Academy youth will have 5 days of learning and experiences to assist students in focusing on their education and career goals, enhance and further develop leadership skills and enable students to get to know themselves – strengths as well as areas to work on. Meet other like-minded students with similar goals while interacting and working with Officers and Civilians receiving positive mentoring.

**High School Prep Camp (Currently in Grade 8) Week of August 22**

- The Community Safety Village welcomes youth who are graduating grade 8 and heading into High school to join us for 5 days to prepare for the transition. This camp will provide an interactive look at topics like Tobacco / vaping, mental health wellness, resume writing with a mock job interview. Lessons on Safe Social Media as well as Drinking and Drugs. We will invite guest speakers and there will be many interactive team building activities. This program is overseen by York Regional Police Officers, Youth in Policing students as well as CSV Educators and Summer Students.

If you are interested in any of the camps please email [csv@yrp.ca](mailto:csv@yrp.ca) for an application form.

***The ultimate goal for all of our camps is interactive learning,  
lots of fun and a lifetime of memories!!!***

# How it works

Fun Fact:  
All of our  
packaging is  
100%  
recyclable

## Ready.

Choose from our kits of garden-ready plants (or build your own boxes).

## Set.

We'll grow, love and nurture them so they arrive at your door at just the right moment to plant.



## Grow.

Open the box, bury them in the ground and wait for the magic to happen.



Head over to [plantables.ca](https://plantables.ca) to place orders and support our organization!

Don't forget to tell your friends!

Here's our code:

RPGardens

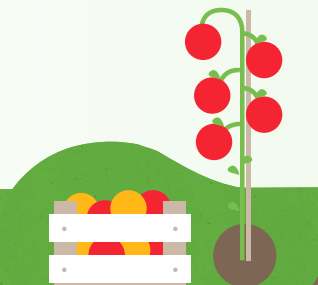
*(Remember, this code has to be entered at checkout.)*

Or use our direct link:

<https://plantables.ca/for/rpgardens>

No garden?  
No problem! Most of our plants are container-friendly.

plantables





# The Balcony Blend Kit

Jump on the urban gardener train with this space-saving, pot-friendly kit!

*Warning: Neighbours may be jealous of your homegrown bounty.*



## SINGLE PLANTS

### HERBS (\$4.50/PLANT\*)

- Basil
- Lavender
- Mint
- Oregano
- Parsley
- Rosemary

### VEGGIES (\$4.50/PLANT\*)

- Cucamelon
- Mini Cucumber
- English Cucumber
- Green Bean
- Green Kale
- Jalapeno
- Mini Sweet Orange Pepper
- Mini Sweet Yellow Pepper
- Red Bell Pepper
- Red Chili Pepper
- Salanova® Butterhead Green
- Salanova® Oak Red
- Romaine Lettuce
- Strawberry
- Beefsteak Tomato
- Roma Tomato
- Orange Cherry Tomato
- Red Cherry Tomato
- Watermelon
- Zucchini



## Beefsteak Tomato

Despite their name, beefsteak tomatoes are actually suitable for both vegans and vampires.

*(And vegan vampires, we guess...)*

## Herb Kit

*Herb, herb, herb is the word.* There's no easier way to take your dish from 'oh, that's nice' to 'oh man, that's good!' than throwing in some freshly cut herbs.

Plus, we've made sure that these plants are super easy to grow and make your place smell incredible too, so there's no excuse not to embrace your inner Gordon Ramsay and start whipping up brag-worthy dishes.



## KITS

### TOMATO KIT (\$27)

- Beefsteak x 2
- Roma x 2
- Red Cherry x1
- Orange Cherry x1

### THE HERB KIT (\$27)

- Basil x1
- Mint x1
- Oregano x1
- Parsley x1
- Rosemary x1
- Thyme x1

### THE PEPPER KIT (\$27)

- Red Bell Pepper x 2
- Mini Sweet Orange Pepper x1
- Mini Sweet Yellow Pepper x1
- Jalapeno x1
- Red Chili Pepper x1

### SALAD KIT (\$27)

- Salanova® Butterhead Green x2
- Salanova® Red Oak x2
- Romaine x2

### THE STARTER KIT (\$54)

- Basil x1
- Parsley x1
- Mini Cucumber x1
- English Cucumber x1
- Mini Sweet Yellow Pepper x1
- Mini Sweet Orange Pepper x1
- Beefsteak Tomato x1
- Red Cherry Tomato x1
- Salanova® Butterhead Green x1
- Salanova® Red Oak x1
- Kale x1
- Zucchini x1

### THE BALCONY BLEND KIT (\$54)

- Mini Cucumber x 2
- Green Bean x 2
- Mini Sweet Orange Pepper x1
- Mini Sweet Yellow Pepper x1
- Salanova® Butterhead Green x 2
- Salanova® Oak Red x 2
- Basil x1
- Oregano x1

### THE WHOLE GARDEN (\$162 \$144 - SAVINGS!)

- Beefsteak x 2
- Orange Cherry Tomato x1
- Red Cherry Tomato x1
- Roma Tomato x 2
- Red Bell Pepper x 2
- Red Chili Pepper x1
- Mini Sweet Orange Pepper x1
- Mini Sweet Yellow Pepper x1
- Jalapeno x1
- Kale x1
- Salanova® Green Butter x1
- Salanova® Red Oak x1
- Romaine x1
- English Cucumber x 3
- Mini Cucumber x 3
- Cucamelon x1
- Green Bean x 4
- Zucchini x 2
- Basil x1
- Thyme x1
- Parsley x1
- Oregano x1
- Mint x1
- Rosemary x1
- Lavender x1

Organizations that reach \$3000 in sales win a

# FREE

WHOLE GARDEN KIT!\*

Value \$144

All seedlings are ORGANICALLY GROWN.

# 10%

of every order goes to support our organization

Head to [plantables.ca](http://plantables.ca) to order!

# 2022 OUTDOOR CONCERT

JUNE 9TH!  
6:00-7:00

THE MUSIC GROUPS THAT WILL BE  
PLAYING ARE:

- PRIMARY CHOIR
- GR 4-8 JUNIOR/INTERMEDIATE CHOIR
  - RECORDER GROUP (GR 1-4)
  - JUNIOR BAND (GR 5-6)
  - INTERMEDIATE BAND (GR 7-8)
- POP GROUP (PRIMARY/JUNIOR/INTERMEDIATE)

\*THERE WILL ALSO BE SOLOISTS IN BETWEEN!\*



# JOIN THE FUN

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## We believe that supporting your child's wellbeing starts with YOU!

Join us WEDNESDAY JUNE 15TH from 12noon-1pm on ZOOM for a Parental Wellbeing lunch and learn as a follow up to our winter wellbeing talk.

You will have the opportunity to deepen your learning on TrU Parental Wellbeing and gain additional tools to have more empowering, supportive, and meaningful communication with your child.

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### CHECK IN:

- What has been working well for you in your parenting since March?
- Where can you give yourself more compassion as a parent?
- What skills are a challenge still?
- What are you wanting more of in your parental wellbeing learning journey?

Leave this call with small actionable steps to support yours and your child's physical, mental, emotional, and social wellbeing.

### Join us:



Kerry is a Professional Certified Coach with the International Coaching Federation (PCC), a Certified Co-Active Coach (CPCC), and certified in Mental Health First Aid through the Mental Health Commission of Canada. Kerry coaches her clients to optimize their own wellbeing to create a positive ripple effect in their lives. She is a lifelong learner and podcast junkie. She's continually exploring the current science of the brain and the heart.

Jocelyn Pepe is a passionate Head of Wellbeing at TrU Living, with a diverse background in coaching and educating on physical, mental, and social wellbeing. As a global facilitator in education and in organizations, Jocelyn takes a holistic approach to training and developing human potential. Jocelyn is a Certified Professional Co-Active Coach (CPCC), a Registered Health Coach (RHCTM), a Professional Certified Coach (PCC) and a Masters student in the Psychology and Neuroscience of Mental Health .

**PARENTAL WELLBEING**

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## **2022 Summer Learning Programs Available**

During the summer, YRDSB continues to offer credit and non-credit summer school program opportunities for elementary, secondary and adult students. Registration is now open for the following programs:

### **Elementary Credit and Non-Credit Programs:**

- [Elementary Summer School](#) (Grades 6 - 8 non-credit reinforcement)
- [Grade 8 Reach Ahead](#) – Students in Grade 8
- [Summer Institute](#) - Kindergarten to Grade 8

### **Secondary Credit Programs:**

- In-Person Learning
- Online Learning

### **Adult Learning Programs:**

- Adult Literacy and Basic Skills
- English as a Second Language
- Citizenship Classes

For more information about summer learning programs and registration please visit [www.yrdsb.ca](http://www.yrdsb.ca) and follow us on Twitter @YRDSB.



# Mental Health Support in Light of War in Ukraine and Global Conflicts 2022

In light of the current war in Ukraine and our ongoing commitment to the Student Well-Being and Mental Health goals outlined in the [Director's Action Plan \(DAP\)](#), the York Region District School Board School Psychology and Social Work staff have collaborated with [CRES](#) Partner, [COSTI Immigrant Services](#) to offer three supportive mental health gatherings for parents/caregivers, students grades 6-8, and students grades 9-12.

**The Series:** YRDSB in Collaboration with COSTI: Mental Health Event for Families and Youth in Light of the War in Ukraine: An evening to “Acknowledge – Bridge- and Connect” During Global Conflicts.

The events are open to all parents, caregivers, and families acknowledging that we all may have different experiences in relation to the war in Ukraine. For some it may be very personal, and for others with similar lived experiences, it may also be emotionally impactful. At the events, families will hear about common reactions to stress and trauma as well as potential ways to cope and support their mental health and their child using the ABCs (i.e., Acknowledge, Bridge, Connection) of Mental Health. Youth will hear about common reactions to stress and trauma as well as potential ways to cope and support their mental health using the ABCs of Mental Health. Each event will end with a brief panel discussion responding to pre-submitted participant questions found in the [registration form](#).

## After School and Evening Event Dates and Times:

Students Grades 6-8 Virtual session: May 24, 2022, 4:00-5:00 pm

Students Grades 9-12 Virtual session: May 30, 2022, 4:00-5:00 pm

Parent/Caregiver Virtual Session: June, 1, 2022, 6:30-7:30 pm

## [REGISTER HERE](#)

Registration closes May 23, 2022. The virtual meeting link will be shared with registrants closer to the date.

## For more information please contact:

Patricia Marra-Stapleton, Mental Health Lead, [patricia.marra-stapleton@yrdsb.ca](mailto:patricia.marra-stapleton@yrdsb.ca).

Dr. Sue Ball, Chief of Psychological Services [sue.ball@yrdsb.ca](mailto:sue.ball@yrdsb.ca), or

Teresa Riccitelli Interim Chief of Social Work and Attendance Services, [teresa.riccitelli@yrdsb.ca](mailto:teresa.riccitelli@yrdsb.ca)

You may also wish to visit our [YRDSB Mental Health Resources Page](#)